



**FILM+TV  
CHARITY**

We help with life  
behind the scenes

**Confidential, independent**

**anti-bullying**

**support**

**for everyone**

**in film and TV**

Our research revealed that **84% people working in UK film and television have experienced or witnessed bullying or harassment. In response to this, we've developed new, confidential services to empower everyone who works behind the scenes – employees and freelancers.**

**Anyone can be a target of bullying behaviour. It could look like deeply personal criticism, abusive behaviour or specific discrimination or harassment like racism, homophobia, sexism, ableism, or something else. These new tools have been designed with individuals in mind, offering independent support when you need it.**

### **Spot**

A digital tool to help you create a private record of your experience or something you've witnessed. Spot uses automated questions to help you capture key information and save relevant documents such as emails, photos, or screenshots in one place.

It could help you to identify a pattern of behaviour, give you something to refer to later, or handle a sensitive conversation in the future.

Each record you create remains completely confidential within the system. It's not accessible by anyone else. No human (not even Spot) will see what you've written.

Spot isn't a reporting tool. Your information won't be shared with anyone and the charity can't take action on your behalf.

### **Bullying Pathway Service**

A first-of-its-kind support for people in our industry, available for free by appointment, Call the Film and TV Support Line 0800 054 00 00 to get connected.

A Bullying Pathway Advisor will be able to give you industry-relevant legal, HR and mental health advice and information.

Use it to talk through your experience and get support to take a next step that's right for you.

### **Anti-Bullying Directory**

Whether you're being bullied or trying to prevent bullying behaviour at work, there is help out there, but knowing where to start can be difficult. We've put everything you need in one place so that you can seek out appropriate support, including guidance to help you make sense of what's happening.

Let's keep looking out for each other. For more information: [www.filmtvcharity.org.uk/bullying](http://www.filmtvcharity.org.uk/bullying)

**@FilmTVCharity**

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